

# Weekly Message.

Sunday, April 29, 2007

[Luke 12: 22-31](#)

**Luke 12:22** And He said to His disciples, Therefore I say to you, Be not anxious as to your life, what you shall eat; nor for the body, what you shall put on. **23** Life is more than food, and the body is more than clothing. **24** Consider the ravens: for they neither sow nor reap, having neither storehouse nor barn, and God feeds them. How much more are you better than the birds? **25** And which of you by being anxious can add one cubit to his stature? **26** If then you are not able to do even the least, why are you anxious about the rest? **27** Consider the lilies, how they grow; they do not toil, they do not spin. And yet I say to you that Solomon in all his glory was not arrayed like one of these. **28** If then God so clothes the grass (which today is in the field, and tomorrow is cast into the oven) how much more will He clothe you, O little-faiths? **29** And do not seek what you shall eat, nor what you shall drink, and stop being in anxiety. **30** For all these things the nations of the world seek after, and your Father knows that you have need of these things. **31** But rather seek the kingdom of God, and all these things shall be added to you.

During the past week, I was confronted twice with persons contemplating suicide. Twice beautiful young people simply saw the troubles and worries of life as simply too much to have to deal with. They found themselves surrounded by the darkness of worries, troubles and their situations, not knowing if their situation will ever improve. They cried out for someone to help, but saw no sign of any hope. What is the message that God wants you to hear, should you feel the same?

Stop the worries. In simple language, verse **25** states: "Can worry make you live longer?" Will it change anything, or make the problems go away? No, it does not. The only thing we gain by worries is maybe an ulcer, grey hair, sleepless nights, and wrinkles. God is asking of you rather to just put your trust in Him, He is making a promise to us all in this piece of scripture. He will take care of all our needs, should we give it to Him. We only have one responsibility, as found in verse 31. We need to put God first, and His work here on earth. Should we do that, He will take care of everything else we should need.

It happens so often that we get stuck in our situation, looking at everything that is going wrong in our lives, that we forget something we were taught in the Word of God. **Hebrews 12:1&2** "Therefore since we also are surrounded with so great a cloud of witnesses, let us lay aside every weight and the sin which so easily besets us, and **let us run with patience the race that is set before us, looking to Jesus the Author and Finisher of our faith**, who for the joy that was set before Him endured the cross, despising the shame, and sat down at the right of the throne of God"

We should never spend all of our energy looking at all our problems, and forget that we should rather keep our eyes on Jesus. Yes, the race of life is not an easy one. Yes, like in any race, we will get tired, and we might even wish to find a way out, so that we don't have to run this difficult race. But, therefore since we are surrounded with a great amount of people that God has sent to support us, and pray with us, and we have Jesus standing at the finish line, let us not lose heart. God promised to help us. You are really not alone.

Should you wish to [write me](#), and are in need of someone who would listen and pray with you... Please do. [dniebuhr@gmail.com](mailto:dniebuhr@gmail.com)

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