

**Sunday, 10 February 2008**

**[Matthew 26:36-46](#)**

**Mat 26:36-46** Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." He took with him Peter and the two sons of Zebedee. Grief and anguish came over him, and he said to them, "The sorrow in my heart is so great that it almost crushes me. Stay here and keep watch with me." He went a little farther on, threw himself face downward on the ground, and prayed, "My Father, if it is possible, take this cup of suffering from me! Yet not what I want, but what you want." Then he returned to the three disciples and found them asleep; and he said to Peter, "How is it that you three were not able to keep watch with me for even one hour? Keep watch and pray that you will not fall into temptation. The spirit is willing, but the flesh is weak." Once more Jesus went away and prayed, "My Father, if this cup of suffering cannot be taken away unless I drink it, your will be done." He returned once more and found the disciples asleep; they could not keep their eyes open. Again Jesus left them, went away, and prayed the third time, saying the same words. Then he returned to the disciples and said, "Are you still sleeping and resting? Look! The hour has come for the Son of Man to be handed over to the power of sinners. Get up, let us go. Look, here is the man who is betraying me!"

### **What is it that you fear, regarding your future?**

If only we knew exactly what the future holds and how everything will happen. If only there was no more uncertainty about anything in the future, and we had all the answers to the "why's". But we don't. We are faced with uncertainty about our relationships, marriages, our job security, our safety, our health and even our own deaths. What causes fear about uncertainty?

Going back to scripture, we find God's promise that we will never be tested beyond our own strength, but so often it feels like we are tested to our limits, and we feel as if we are failing in our own strength and ability to handle the crisis we are facing. We roll around in our beds at night, unable to fall asleep. Our appetites fail, and it feels like there is a big black hole in our stomachs, eating away like a cancer. What will tomorrow bring? What pain and suffering is waiting around the corner? Will I be able to remain standing when all is about to collapse around me? How will I make it, and what will carry me through this time of uncertainty?

Knowing that there is a bigger picture is what will carry you through. Let us look at the example of Jesus in the garden, knowing what was about to happen to Him. Knowing that Judas was on his way to bring the soldiers that would arrest, torture and kill Him. We find Jesus praying to God... If possible, please let this pass Me. Let not my will, but Yours be done. Jesus knew that everything had a reason for happening, and He knew that God will always ensure that everything will work out for the best for His children. Even if the road ahead will be difficult, and painful. We should keep walking the road, trusting in God, for in the end, the reward will be worth it. Regardless of what you fear regarding the future, listen to God's promise. Even if your relationships may fail, your job security dwindle, or your health threatens to make an end to life, God is there, and He has a plan. He will be with you, and all will work out for the best, for God will never fail us. Yes, we do not have all the answers now, but one day, when we are in Heaven, then we will understand the reasons, and then we will see why this was good, and perfect.

**1Corinthians 13:12** For now we see in a mirror dimly, but then face to face. Now I know in part, but then I shall fully know even as I also am fully known.

\* Should you wish to write me, and are in need of someone who would listen and pray with you... Please do. [david@davidniebuhr.com](mailto:david@davidniebuhr.com)

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